

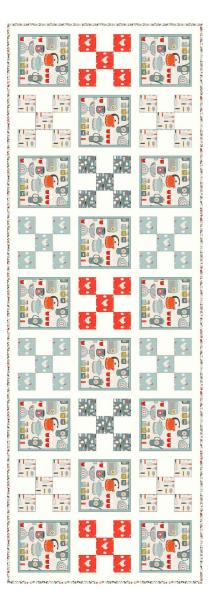
# Lila's Kitchen

by Lynne Goldsworthy of lilysquilts.blogspot.com featuring the Lila's Kitchen collection from The Henley Studio Table runner: 22" x 64" / 56cm x 163cm and Placemats: 10" x 18" / 25cm x 46cm





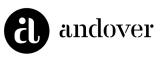
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# FABRIC REQUIREMENTS

1525/82       Blue Linea       20cm / 7"       Nine ½" WOF strips cut into:		1	Table Runner	1
Image: Second	Fabric	Description	Amount	Cutting Instructions
1565/1*       Kitchen Accessories       35cm /12"       Two 6" WOF strips cut into: <ul> <li>For backing - cut one 28" LOF strip.</li> </ul> 1566/1       Blue Utensils       10cm / 2 ½"       One 2 ½" WOF strip cut into: <ul> <li>Ten 2 ½" squares</li> <li>Two 2 ½" WOF strip cut into: <ul> <li>Ten 2 ½" squares</li> </ul>          1568/Q       Cream Utensils       15cm / 5"       Two 2 ½" WOF strip cut into: <ul> <li>Two 2 ½" WOF strips cut into: <ul> <li>Twenty 2 ½" squares</li> </ul>          1566/R**</li> <li>Blue Hens</li> <li>20cm / 7"</li> <li>Two 2 ½" WOF strips cut into: <ul> <li>Twenty 2 ½" squares</li> </ul>          1566/R**</li> <li>Red Hens</li> <li>10cm / 2 ½"</li> <li>One 2 ½" WOF strips cut into: <ul> <li>Fifteen 2 ½" squares</li> </ul>          1569/Q</li> <li>Cream Leaves</li> <li>30cm / 10"</li> <li>Four 2 ½" WOF strips cut into: <ul> <li>Fifteen 2 ½" squares</li> <li>Twenty four 1 ½" x 62 ½" strips</li> <li>Join seven end to end and cut into: <ul> <li>Four 1 ½" x 62 ½" strips</li> <li>Join seven end to end and cut into: <ul> <li>Four 1 ½" x 62 ½" strips</li> <li>Four 2 ½" WOF strips cut into: <ul> <li>Four 1 ½" x 62 ½" strips</li> <li>Strips cut into: <ul> <li>Four 2 ½" WOF strips cut into:</li> <li>Fifty-two 2 ½" squares</li> <li>Strips</li></ul></li></ul></li></ul></li></ul></li></ul></li></ul></li></ul>	1525/B2	Blue Linea	20cm / 7"	• Twenty-eight <sup>3</sup> / <sub>4</sub> " x 6" strips
1568/B       Blue Utensils       10cm / 2 ½"       One 2 ½" WOF strip cut into: Ten 2 ½" squares         1568/Q       Cream Utensils       15cm / 5"       Two 2 ½" WOF strips cut into: Twenty 2 ½" squares         1566/B**       Blue Hens       20cm / 7"       Two 2 ½" WOF strips cut into: Twenty 2 ½" squares         1566/R**       Red Hens       10cm / 2 ½"       One 2 ½" WOF strips cut into: Twenty 2 ½" squares         1566/R**       Red Hens       10cm / 2 ½"       One 2 ½" WOF strips for binding         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips. Cut four into: Towenty-four 1 ½" x 6 ½" strips         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips cut into: Towenty-four 1 ½" x 6 ½" strips         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips cut into: Towenty-four 1 ½" x 6 ½" strips         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips cut into: Towenty-four 1 ½" x 6 ½" strips         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips cut into: Towenty 2 ½" strips         2000/Q01       Spectrum       70"       Two       ½" strips         2000/Q01       Spectrum       70       Two       ½" strips         2000/Q01       Eleventine       25cm / ¼ yd       Three 2 ½" WOF strips       Eleven	1565/1*	Kitchen Accessories	35cm /12"	•
1568/Q       Cream Utensils       15cm / 5"       Two 2 ½" WOF strips cut into:	1565/1	Kitchen Accessories	1 ¾ m / 2 yds	For backing - cut one 28" LOF strip.
1566/B**       Blue Hens       20cm / 7"       Two 2 ½" WOF strips cut into: • Twenty 2 ½" squares         1566/R**       Red Hens       10cm / 2 ½"       One 2 ½" WOF strips cut into: • Fifteen 2 ½" squares         1569/Q       Cream Leaves       30cm / 10"       Four 2 ½" WOF strips Cut four into: • Fifteen 2 ½" squares         2000/Q01       Spectrum       ½ m / ¾ yd       Eleven 1 ½" WOF strips. Cut four into: • Twenty-four 1 ½" x 6 ½" strips Join seven end to end and cut into: • Two 1 ½" x 22 ½" strips Four 2 ½" WOF strips cut into: • Fifty-two 2 ½" squares         Wadding       70cm x 180cm / 28" x 70"       - Two 1 ½" x 22 ½" strips Four 2 ½" WOF strips cut into: • Fifty-two 2 ½" squares         *** 7" WOF strip will be needed if you want to fussy cut the chickens - this applies to both blue and red prints ** 7 "WOF strip will be needed if you want to fussy cut the chickens - this applies to both blue and red prints         *** 7 "WOF strips       Amount       Cutting Instructions         1525/B2       Blue linea       25cm / ¼ yd       Three 2 ½" WOF strips cut into: • Eight 3 ½" x 8 ½" rectangles cut portrait style         1565/1       Kitchen Accessories       75cm / ¾ yd       For backing - cut four 12" x 20" rectangles         1566/R*       Blue Utensils       10cm / 2½"       One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares         1566/R*       Blue Utensils       10cm / 2½"       One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares	1568/B	Blue Utensils	10cm / 2 ½"	
Image: Second	1568/Q	Cream Utensils	15cm / 5"	•
1569/Q       Cream Leaves       30cm / 10"       Four 2 ½" WOF strips for binding         2000/Q01       Spectrum       ¾ m / ¾ yd       Eleven 1 ½" WOF strips. Cut four into:	1566/B**	Blue Hens	20cm / 7"	•
2000/Q01       Spectrum <sup>1</sup> / <sub>4</sub> m / <sup>3</sup> / <sub>4</sub> yd       Eleven 1 ½" WOF strips. Cut four into:	1566/R**	Red Hens	10cm / 2 ½"	•
• Twenty-four 1 ½" x 6 ½" strips Join seven end to end and cut into: • Four 1 ½" x 62 ½" strips • Two 1 ½" x 22 ½" strips • Four 2 ½" WOF strips cut into: • Fifty-two 2 ½" squaresWadding70cm x 180cm / 28" x 70""If you are also using this fabric for backing, the fourteen 6" squares can be taken from the spare fabric left over after cutting the backing piece. **a 7" WOF strip will be needed if you want to fussy cut the chickens - this applies to both blue and red printsPlacemats (amount shown makes four placemats; two red, two blue)FabricDescriptionAmountCutting Instructions1525/B2Blue linea25cm / ¼ ydThree 2 ½" WOF strips1565/1Kitchen Accessories25cm / ¼ ydOne 8 ½" WOF strip cut into: • Eight 3 ½" x 8 ½" rectangles cul portrait style1565/1Kitchen Accessories1568/BBlue Utensils10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/B*Blue Hens1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut in	1569/Q	Cream Leaves	30cm / 10"	Four 2 1/2" WOF strips for binding
Wadding       70cm x 180cm / 28" x 70"         *'If you are also using this fabric for backing, the fourteen 6" squares can be taken from the spare fabric left over after cutting the backing piece.         *''a 7" WOF strip will be needed if you want to fussy cut the chickens - this applies to both blue and red prints         Placemats (amount shown makes four placemats; two red, two blue)         Fabric       Description         Amount       Cutting Instructions         1525/B2       Blue linea       25cm / ¼ yd         Three 2 ½" WOF strips         1525/N       Orange linea       25cm / ¼ yd         1565/1       Kitchen Accessories       25cm / ¼ yd         1565/1       Kitchen Accessories       25cm / ¼ yd         1565/1       Kitchen Accessories       75cm / ¼ yd         1568/B       Blue Utensils       10cm / 2½"         One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares         1568/Q       Cream Utensils       10cm / 2½"         One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares         1566/B*       Blue Hens       10cm / 2½"         One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares         1566/R*       Red Hens       10cm / 2½"         One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares         1566/R*       Red Hens       10cm / 2½"      <	2000/Q01	Spectrum	¾ m / ¾ yd	<ul> <li>Twenty-four 1 ½" x 6 ½" strips Join seven end to end and cut into:</li> <li>Four 1 ½" x 62 ½" strips</li> <li>Two 1 ½" x 22 ½" strips</li> <li>Four 2 ½" WOF strips cut into:</li> </ul>
*If you are also using this fabric for backing, the fourteen 6" squares can be taken from the spare fabric left over after cutting the backing piece.         **a 7" WOF strip will be needed if you want to fussy cut the chickens - this applies to both blue and red prints         Placemats (amount shown makes four placemats; two red, two blue)         Fabric       Description         Amount       Cutting Instructions         1525/B2       Blue linea       25cm / ¼ yd         Three 2 ½" WOF strips         1525/N       Orange linea       25cm / ¼ yd         1565/1       Kitchen Accessories       25cm / ¼ yd         1565/1       Kitchen Accessories       75cm / ¾ yd         1565/1       Kitchen Accessories       75cm / ¾ yd         1568/B       Blue Utensils       10cm / 2½"         0ne 2 ½" WOF strip cut into:       • Sixteen 2 ½" squares         1568/Q       Cream Utensils       10cm / 2½"         0ne 2 ½" WOF strip cut into:       • Sixteen 2 ½" squares         1566/B*       Blue Hens       10cm / 2½"         1566/R*       Red Hens       10cm / 2½"         2000/Q01       Spectrum       35cm / 12"	Wadding			
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1525/B2Blue linea25cm / ¼ ydThree 2 ½" WOF strips1525/NOrange linea25cm / ¼ ydThree 2 ½" WOF strips1565/1Kitchen Accessories25cm / ¼ ydOne 8 ½" WOF strip cut into: • Eight 3 ½" x 8 ½" rectangles cut portrait style1565/1Kitchen Accessories75cm / ¾ ydFor backing - cut four 12" x 20" rectangles cut portrait style1565/1Kitchen Accessories75cm / ¾ ydFor backing - cut four 12" x 20" rectangles cut portrait style1565/1Kitchen Accessories75cm / ¾ ydFor backing - cut four 12" x 20" rectangles cut portrait style1568/BBlue Utensils10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/B*Blue Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares1566/R*Red Hens10cm / 2½"One 2 ½" WOF strip cut into: • Sixteen 2 ½" squares2000/Q01Spectrum35cm / 12"Eight 1½ " WOF strips cut into: • Sixteen 1 ½" x 8 ½" strips	Fabric	· · · · · · · · · · · · · · · · · · ·		
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Image: state of the state of	1565/1	Kitchen Accessories	75cm / ¾ yd	For backing - cut four 12" x 20" rectangles
Image: state of the state of	1568/B	Blue Utensils	10cm / 21/2"	•
Image: state in the state in	1568/Q	Cream Utensils	10cm / 21/2"	-
• Sixteen 2 ½" squares         2000/Q01       Spectrum         35cm / 12"       Eight 1½ " WOF strips cut into: • Sixteen 1 ½" x 8 ½" strips	1566/B*	Blue Hens	10cm / 21/2"	•
• Sixteen 1 ½" x 8 ½" strips	1566/R*	Red Hens	10cm / 21/2"	•
	2000/Q01	Spectrum	35cm / 12"	
Wadding         30 x 2m / 12" x 80"         Four 12" x 20" rectangles	Wadding		30 x 2m / 12" x 80"	Four 12" x 20" rectangles

Notes: Press fabrics before cutting. Seams are  $\frac{1}{4}$ " throughout unless stated otherwise. Press seams away from the lighter fabrics throughout the pattern. WOF = width of fabric, indicating a strip of fabric cut from selvedge to selvedge LOF = a length of fabric, indicating a strip of fabric cut parallel to the selvedges

# TABLE RUNNER

Cutting

- 1. Cut the fabrics as set out in the fabric requirements schedule if you have enough fabric, you may choose to fussy cut the chicken fabric so that a chicken sits in the centre of each square.
- 2. If you are using the kitchen accessories fabric for the backing, cut into two LOF strips one 12" wide to be used for the fourteen 6" squares and one 28" wide for the backing.

## Making the table runner

- 1. Sew the 2 ½" squares into thirteen nine-patches following the layouts in the main image. To make a nine-patch, sew the squares into three rows of three alternating the fabrics, press the seams towards the darker fabrics then sew the three rows together.
- 2. Sash the sides of the 6" kitchen accessories squares with the <sup>3</sup>/<sub>4</sub>" x 6" blue Linea strips and press seams away from the 6" squares.
- 3. Sash the top and bottom of the same 6" squares with the <sup>3</sup>/<sub>4</sub>" x 6 <sup>1</sup>/<sub>2</sub>" blue Linea strips and press seams away from the 6" squares.
- 4. Sew the blocks made at 1 and 3 above into three rows of nine blocks with 1 ½" x 6 ½" strips of cream Spectrum in between following the layout in the main image. Press seams towards the cream Spectrum.
- 5. Sew the three rows together with two of the 1 ½" x 62 ½" cream Spectrum strips in between the rows. Sew the remaining two 1 ½" x 62 ½" cream Spectrum strips to the top and bottom of this piece. Press seams towards the cream Spectrum.
- 6. Sew the two 1 ½" x 22 ½" cream Spectrum strips to the sides of the table runner. Press seams towards the cream Spectrum.
- 7. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
- 8. Make a quilt sandwich, basting together the table runner back, the wadding and the top.
- 9. Quilt as desired. We quilted both the table runner and the placemats vertical straight lines ½" apart using a cream Aurifil 50wt thread.
- 10. Trim square, removing excess wadding and backing.
- 11. Bind the table runner, taking care to mitre the corners.

## PLACEMATS

## Cutting

Cut the fabrics as set out in the fabric requirements schedule – if you have enough fabric, you may choose to fussy cut the chicken fabric so that a chicken sits in the centre of each square.

## Making the placemats

- 1. Sew the 2 ½" squares into four four-patches following the layout shown in the main image. To make a four-patch, sew the squares into four rows of four alternating the fabrics, press the seams towards the darker fabrics then sew the four rows together.
- 2. For each placemat sew together four 1 ½" x 8 ½" cream spectrum strips, two 3 ½" x 6 ½" kitchen accessories rectangles and one four-patch. Place the cream spectrum strips at each end and between the kitchen accessories rectangles and the four-patch following the layout in the main image. Press seams towards the cream spectrum strips.
- 3. Sew two 1 ½" x 12 ½" cream spectrum strips to the top and bottom of the each of the pieces made at 2 above. Press seams towards the cream spectrum strips.
- 4. Finish as for the table runner using the orange linea strips to bind the red placemats and the blue strips to bind the blue placemats.



1525/Y LINEA1525/N LINEAFabrics shown are 50% of actual size unless otherwise stated